

Title: Another Good Walk

Author: Colin Lynch

Date: 1st July 2014

Another good walk on Sunday (29th June), Started from Rosedale Abbey (Thanks Evyore for organising the taxi from Pickering).

My friend Sue and I had a nice walk up Rosedale and up onto the old railway track. Friendly sheep unfazed by our presence and lovely views. After a quick lunch stop at Sturdy Bank (slight spitting of rain), and another nosey ewe and lamb; we carried on, climbing out of Rosedale onto George Gap Causeway. I just love to contrast in plant cover, different shades of green, changing from heather to grass and back again, and a really good track to follow, it really gets you far away from the roads. The reveal of Fry Up Dale after this is spectacular.

Running a little short of time because we were stopping quite a few times and nattering, we decided not to descend into Fry Up Dale but turn west along the track - good going until we felt brave and took one of these little tracks marked with a black dotted line (across open access - I'd like to add). Well we soon lost the track and had to zig zag our way across Danby High Moor to the main road to catch the bus. A bit of extreme moorland walking, good exercise lifting our leg up to make way through the heather but very tiring. Never the less a great sense of achievement - and yes we walked single file and were very careful where we put our feet!

So - Good Times I do believe.

Colin Lynch 1st July